






	Mon	Tue	Wed	Thu	Fri	Everyday Good Habits
 Art-Mr. Crebs	Draw a landscape with trees and cactus-add color	Color your favorite symbol from your culture- Eagle, Bear Claw, Man in the Maze...	Draw any landscape at night time- add stars & moon	Sketch a round house. Draw people in traditional dress having a meal.	Draw a bear outline and add traditional symbols inside like the Coyote/Landscape	Organize your work space so everything you need is handy!
 Library -Mrs. Yurek	Newsy Stuff Locate a recent newspaper or flyer that shows recent news or events to include in your time capsule.	What's Trending? Create a list of popular items including #1 hit song or the top TV show or movie this week, for example.	Pandemonium Memories! Have you written or drawn about this global pandemic? What do you know or how do you feel about coronavirus (COVID-19)?	Sort and Sort Review all your items. Decide if any of them need special protection such as wrapping in tissue or small Ziploc bag.	Celebrate Plan a special ceremony and discuss why each item is going into the time capsule. Decide where you will put it for deep storage	Writers bear witness! Write about the COVID-19 Pandemic of 2020! Your own children may never believe you!
 Music - Mrs. Doka	Listening Log Make a booklet to record music that you listen to each day.	Listen and Draw Fold a piece of paper into 4 squares, choose 4 types of music. Listen to each one and draw, whatever you feel as you listen. 1 square for each piece of music	Keep a Singing Log Write down what you sing each day. You can sing along with a recording, sing by yourself, or sing with family.	Write a song Choose a song that you know very well, (i.e. Twinkle, Twinkle Little Star) Change the words, but keep the melody. What will your song be about?	Perform Pick a song that you would like to perform. Practice in the morning and perform it for family in the afternoon.	Sing Happy Birthday two times while washing your hands. What other songs have the very same melody as Happy Birthday?
 Physical Ed - Coach B	Take a family walk or hike for at least 20 minutes. Play Follow the Leader and Simon Says as you go!	Pick 5 different muscles to stretch. Hold each stretch for 20 seconds. Reverse the order, stretch again.	April Fools: Walk backwards carefully. Use a hand mirror to guide your steps. How far can you go?	Do as many Sit ups as you can. Roll over and do an equal amount of pushups	Kids should be active sixty minutes EVERY day! Do 6 jumping jacks. Rest for 6 seconds. Repeat. Do this ten times	Can't Touch This Challenge: Can you beat Coach's score? Capture a photo or video and post to social media- don't forget to tag our schools! #salttriverschools details in list view
 Technology - Ms. T	Create a simple tower with LEGOS or blocks or recycled items... how tall did it get?	Pour a little bit of milk in a bowl. Put drops of food coloring in it. Use a Qtip or pencil tip to mix one color at a time.	Origami is the art of folding paper into objects - what can you create by folding paper?	Create your own emoji - what is the meaning behind what you designed?	Using the binary alphabet - create a secret message. Have a loved one figure it out. Details in list view	Develop your own secret code: assign a picture or symbol to the alphabet.